



Nutrition &
Allergen Guide



A Mindful Choice is a
Simple Choice

Culver's

More than 20 crave-worthy menu items you can combine into delicious and satisfying meals for around 500 calories.



1 Pick a ButterBurger®, Sandwich or Salad



ButterBurger Single

Grilled Chicken Sandwich

Beef Pot Roast Sandwich

Garden Fresco Salad with Chicken with Raspberry Vinaigrette

2 Pick a Side



Tomato Florentine Soup



Side Salad



Green Beans



Mashed Potatoes with Gravy

3 Pick a Drink



Diet Soft Drink



Medium Unsweetened Iced Tea

Turn the page to see all our nutrition information or visit www.culvers.com/nutrition



The common allergens listed below pertain to individual menu items and does not include cross-contact that may occur during preparation and cooking procedures. Culver's cannot guarantee any menu item will be free of an allergen. Items containing egg, milk, wheat/gluten, soy, fish and shrimp are cooked in common fryer oil.

Culver's ground beef is 100% beef, but it is cooked on a grill with bread. Breads and buns are baked in facilities that handle sesame seeds. Common allergens are present in custard toppings, cross-contact may occur in this area. Please inform a restaurant manager when placing your order if a food allergy or sensitivity is a concern.

	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)		CHOLESTEROL (MG)	SODIUM (MG)	CARBOHYDRATE (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	CALCIUM (%RDI)	MILK	EGG	FISH	WHEAT/GLUTEN	PEANUT	SHELLFISH	SOY	TREE NUT
BUTTERBURGERS																					
ButterBurger "The Original", Single	390	155	17	6	0.5		55	480	38	1	6	20	15	●						●	
ButterBurger "The Original", Double	560	270	30	11	1		105	580	38	1	6	34	15	●						●	
ButterBurger "The Original", Triple	730	385	43	16	1.5		155	680	38	1	6	48	15	●						●	
ButterBurger Cheese, Single	460	205	23	9.5	0.7		75	605	39	1	7	23	25	●						●	
ButterBurger Cheese, Double	700	370	42	18	1.4		145	830	40	1	8	40	35	●						●	
ButterBurger Cheese, Triple	940	535	61	26.5	2.1		215	1055	41	1	9	57	45	●						●	
Cheddar ButterBurger, Single	470	215	24	10.5	0.8		75	620	38	1	6	25	30	●						●	
Cheddar ButterBurger, Double	720	390	44	20	1.6		145	860	38	1	6	44	45	●						●	
Cheddar ButterBurger, Triple	970	565	64	29.5	2.4		215	1100	38	1	6	63	60	●						●	
Cheddar ButterBurger with Bacon, Single	510	240	26	11.2	0.8		84	775	38	1	6	28	30	●						●	
Cheddar ButterBurger with Bacon, Double	760	415	46	20.8	1.6		154	1015	38	1	6	47	45	●						●	
Cheddar ButterBurger with Bacon, Triple	1010	590	66	30.2	2.4		224	1255	38	1	6	66	60	●						●	
Mushroom & Swiss ButterBurger, Single	500	225	26	10	0.7		75	582	40	2	6	26	35	●						●	
Mushroom & Swiss ButterBurger, Double	780	410	47	19	1.4		145	785	42	2	6	47	55	●						●	
Mushroom & Swiss ButterBurger, Triple	1060	595	68	28	2.1		215	988	44	2	6	68	75	●						●	
Sourdough Melt, Single	480	210	24	10.5	0.8		75	600	39	2	3	26	19	●						●	
Sourdough Melt, Double	730	385	44	20	1.6		145	840	39	2	3	45	34	●						●	
Sourdough Melt, Triple	990	560	64	29.5	2.4		215	1080	41	3	4	64	49	●						●	
Swiss ButterBurger, Single	470	205	23	9.5	0.7		75	520	39	1	6	26	35	●						●	
Swiss ButterBurger, Double	720	370	42	18	1.4		145	660	40	1	6	46	55	●						●	
Swiss ButterBurger, Triple	970	535	61	26.5	2.1		215	800	41	1	6	66	75	●						●	
The Culver's® Deluxe, Single	570	305	35	11.5	0.7		85	820	41	1	8	23	27	●	●					●	
The Culver's® Deluxe, Double	810	470	54	20	1.4		155	1045	42	1	8	40	35	●	●					●	
The Culver's® Deluxe, Triple	1050	635	73	28.5	2.1		225	1270	43	1	10	57	45	●	●					●	
The Culver's® Bacon Deluxe, Single	610	330	38	12.2	0.7		94	975	41	1	8	26	25	●	●					●	
The Culver's® Bacon Deluxe, Double	850	495	56	20.8	1.4		164	1200	42	1	8	43	35	●	●					●	
The Culver's® Bacon Deluxe, Triple	1090	660	76	29.2	2.1		234	1425	43	1	10	60	45	●	●					●	
Wisconsin Swiss Melt, Single	460	215	24	10.5	0.7		80	540	36	4	3	27	22	●						●	
Wisconsin Swiss Melt, Double	710	380	43	19	1.4		150	680	37	4	3	47	42	●						●	
Wisconsin Swiss Melt, Triple	970	545	62	27.5	2.1		220	820	40	5	4	67	62	●						●	
SANDWICHES & FAVORITES																					
Beef Pot Roast Sandwich	410	130	13	6	1		140	740	40	1	8	31	15								
Butterfly Jumbo Shrimp - 6 Piece	330	168	18	0	0		60	1080	30	0	0	12	0	●	●	●	●			●	●
Butterfly Jumbo Shrimp - 10 Piece	550	280	30	0	0		100	1800	50	0	0	20	0	●	●	●	●			●	●
Chicken Tenders, Buffalo - 4 Piece	460	190	22	3	0		100	1820	32	2	0	34	8	●	●	●	●			●	●
Chicken Tenders, Original - 4 Piece	540	220	24	3	0		100	1840	42	2	2	40	0	●	●	●	●			●	●
Crispy Chicken Sandwich	460	125	14	1.8	0		54	1105	57	1	6	25	16	●	●	●	●			●	●
Grilled Chicken Sandwich	390	60	7	2.2	0		94	1085	40	1	6	41	8	●						●	
Grilled Reuben Melt	660	330	37	13.5	0.4		100	1840	43	4	6	37	42	●	●					●	
North Atlantic Cod Filet Sandwich	600	295	33	7.7	0.2		86	765	50	1	6	26	22	●	●	●	●			●	●
Pork Tenderloin Sandwich	630	230	25	4	0		45	900	72	3	6	18	15	●	●	●	●			●	●
Spicy Crispy Chicken Sandwich	490	155	17	2.5	0		45	1470	57	2	6	25	19	●	●	●	●			●	●
Veggie Burger Sandwich	580	260	30	6.5	0		30	1150	65	4	6	13	25	●	●	●	●			●	●
KIDS' MEALS																					
Applesauce	50	0	0	0	0		0	10	12	2	8	0	0								
ButterBurger "The Original", Single	390	155	17	6	0.5		55	480	38	1	6	20	15	●						●	
ButterBurger Cheese, Single	460	205	23	9.5	0.7		75	605	39	1	7	23	25	●						●	
Buffalo Chicken Tenders - 2 Piece	230	95	11	1.5	0		50	910	16	1	0	17	4	●	●	●	●			●	●
Chicken Tenders, Original - 2 Piece	270	110	12	1.5	0		50	920	21	1	1	20	0	●	●	●	●			●	●
Corn Dog	240	130	14	4	0		20	500	23	0	7	6	0	●	●	●	●			●	●
Crinkle Cut Fries, Small	240	80	9	1	0		0	350	35	3	0	4	0	●	●	●	●			●	●
Grilled Cheese on Sourdough	360	135	16	8	0.4		45	610	39	1	4	13	24	●						●	●
DINNERS																					
Beef Pot Roast Dinner	760	282	30	14.7	1		176	2260	80	6	13	38	16	●						●	
Butterfly Jumbo Shrimp Dinner - 6 Piece	1090	488	54	7	0		80	2450	129	7	23	24	5	●	●	●	●			●	●
Butterfly Jumbo Shrimp Dinner - 10 Piece	1310	600	66	7	0		120	3170	149	7	23	32	5	●	●	●	●			●	●
Chopped Steak Dinner	850	435	48	19.7	1		136	2035	62	6	10	39	14	●						●	
North Atlantic Cod Dinner - 2 Piece	1480	880	98	15.4	0.5		170	1700	108	6	18	44	11	●	●	●	●			●	●
North Atlantic Cod Dinner - 3 Piece	1685	985	110	16.6	0.5		230	1890	117	6	18	60	14	●	●	●	●			●	●
SIDES																					
Chili Cheddar Fries	690	290	32	9.5	0		45	1580	80	7	3	19	26	●	●	●	●			●	●
Cole Slaw	200	140	16	2.5	0		10	240	15	2	13	1	3		●						
Coleslaw, Large	600	430	48	8	0.8		30	710	44	5	38	3	10		●						
Crinkle Cut Fries, Small	240	80	9	1	0		0	350	35	3	0	4	0	●	●	●	●			●	●

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

● Contains allergen (includes condiments)

● Possible cross-contact in fryer

Item	Nutrition Facts					Allergen Information																									
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Contains	Contains	Contains	Contains	Contains	Contains	Contains	Contains	Contains	Contains	Contains	Contains	Contains	Contains	Contains											
SIDES (CONTINUED)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Calcium (%DV)	Milk	Egg	Fish	Wheat/Gluten	Peanut	Shellfish	Soy	Tree Nut											
Crinkle Cut Fries, Regular	360	130	14	2	0	0	530	53	4	0	6	0	●	●	●	●		●	●												
Crinkle Cut Fries, Large	460	160	18	2	0	0	680	68	5	0	7	3	●	●	●	●		●	●												
Green Beans	130	80	9	6	0	25	850	9	3	2	2	5	●																		
Green Beans, Large	250	160	18	11	0	45	1690	17	6	5	4	10	●																		
Mashed Potatoes, Plain	110	0	0	0	0	0	220	23	2	3	4	5	●																		
Mashed Potatoes & Gravy	130	12	1	0.4	0	0	370	25	2	3	4	5	●			●				●											
Mashed Potatoes & Gravy, Large	400	72	8	2.4	0	0	1470	71	6	7	10	15	●			●				●											
Onion Rings	400	200	22	2.5	0	0	530	44	3	3	6	4	●	●	●	●		●	●												
Onion Rings, Large	800	400	44	5	0	0	1060	88	6	6	12	8	●	●	●	●		●	●												
Wisconsin Cheddar Cheese Sauce	130	90	10	6	0	30	410	3	0	1	6	17	●			●				●											
Wisconsin Cheese Curds	510	230	25	12	0.7	55	1230	51	0	4	20	40	●	●	●	●		●	●												
Wisconsin Cheese Curds, Large	1020	460	50	24	1.4	110	2460	102	0	8	40	80	●	●	●	●		●	●												
BREADS																															
Kaiser Bun - Lightly Buttered & Toasted	220	35	4	1	0	5	380	38	1	6	6	15	●			●				●											
Dinner Roll & Butter Packet	150	40	4	2.5	0	10	230	21	0	3	4	2	●			●															
Gluten Free Bun	240	60	7	0	0	0	440	44	5	6	5	4		●																	
Hoagie Bun - Lightly Buttered & Toasted	225	45	5	2.5	0	5	360	39	1	5	7	6	●			●															
Rye Bread - Lightly Buttered & Toasted (2 Slices)	200	50	5	2	0	10	400	33	3	2	7	2	●			●															
Sourdough Bread - Lightly Buttered & Toasted (2 Slices)	220	45	5	2	0	10	360	37	1	2	7	4	●			●															
CONDIMENTS																															
BBQ Sauce	100	0	0	0	0	0	440	25	0	23	0	0																			
Honey Mustard	130	50	6	1	0	0	400	20	0	18	0	0																			
Horseradish Sauce	60	55	6	1	0	5	90	2	0	1	0	0		●																	
Ketchup Packet	30	0	0	0	0	0	250	8	0	6	0	0																			
Malt Vinegar	0	0	0	0	0	0	0	0	0	0	0	0																			
Mayonnaise Packet	80	80	8	1.5	0	5	75	1	0	1	0	0		●																	
Mustard Packet, Yellow	0	0	0	0	0	0	130	0	0	0	0	0																			
Mustard, Spicy Brown Packet	0	0	0	0	0	0	120	0	0	0	0	0																			
Shrimp Cocktail Sauce	50	0	0	0	0	0	390	12	1	7	1	0			●																
Steak Sauce Packet	10	0	0	0	0	0	150	2	0	2	0	0								●											
Sweet & Sour Dipping Sauce	90	0	0	0	0	0	320	23	0	21	0	0																			
Tartar Sauce	360	350	39	6	0.5	30	340	3	0	2	1	0		●																	
SALAD & SALAD DRESSINGS																															
Chicken Cashew with Grilled Chicken	450	220	24	8.5	0	115	855	14	3	3	46	26	●							●											
Cranberry Bacon Bleu with Grilled Chicken	360	120	14	6.5	0	120	1105	15	2	9	44	20	●							●											
Garden Fresco	190	100	11	5.5	0	25	375	16	2	2	10	25	●			●				●											
Garden Fresco with Grilled Chicken	350	120	14	6	0	115	925	16	2	2	44	25	●			●				●											
Strawberry Fields Salad	390	190	22	4.5	0	100	838	10	4	4	40	13	●							●											
Side Salad	50	23	2	1.2	0	6	100	5	1	1	2	4	●			●				●											
Chunky Bleu Cheese Dressing	310	290	33	6	0.5	20	480	2	0	1	1	4	●	●																	
French Dressing	190	120	13	2	0	0	320	19	0	18	0	0																			
Honey Mustard	130	50	6	1	0	0	400	20	0	18	0	0																			
Ranch Dressing	180	170	19	3	0	20	380	2	0	1	1	0	●	●																	
Raspberry Vinaigrette Dressing	45	0	0	0	0	0	180	11	0	10	0	0																			
Sesame Ginger Dressing	70	0	0	0	0	0	350	16	0	14	1	0				●				●											
Thousand Island Dressing	190	175	19	2.9	0	15	292	12	4	0	4	0		●																	
SOUPS (CHOICES VARY BY RESTAURANT)																															
Boston Clam Chowder	260	100	11	4	0	30	1530	27	1	8	12	22	●		●	●				●											
Broccoli Cheese	220	100	12	5.5	0	31	1160	17	1	9	10	32	●							●											
Chicken Noodle	100	20	2	0	0	30	1100	15	1	1	6	2		●		●				●											
George's® Chili	300	120	13	4	1	45	1410	26	6	6	17	14								●											
George's® Chili Supreme	390	187	20	9	1	72	1509	28	6	7	20	23	●							●											
Potato with Bacon	240	80	10	4	0	25	1140	28	2	9	9	22	●			●				●											
Stuffed Green Pepper	140	20	2	1	0	10	1170	24	1	6	5	7				●				●											
Tomato Florentine	110	10	1	0.5	0	0	1280	22	2	7	4	7	●	●		●				●											
Vegetable Beef Soup	160	50	4	2	0	20	1280	22	2	4	8	0				●				●											
Wild and Brown Rice with Chicken	270	120	14	5	0	38	1220	26	1	9	10	22	●			●				●											
SUNDAES																															
Banana Split, 2 Scoop	1065	535	60	26.9	1	222	365	122	8	92	15	40	●	●						●											
Banana Split, 3 Scoop	1355	640	73	34.2	1.5	285	500	166	8	126	19	53	●	●						●											
Caramel Cashew, 1 Scoop	600	305	33	14.5	0.5	120	290	67	1	45	10	23	●	●						●											
Caramel Cashew, 2 Scoop	1000	470	51	26.5	1	230	470	121	1	85	16	43	●	●						●											
Caramel Cashew, 3 Scoop	1150	550	61	31.5	1.5	290	510	137	1	98	19	52	●	●						●											
Fudge Pecan Sundae, 1 Scoop	640	385	43	16.7	0.5	115	280	58	2	48	9	24	●	●						●											
Fudge Pecan Sundae, 2 Scoop	1040	570	64	31.4	1	220	450	107	2	91	16	45	●	●						●											
Fudge Pecan Sundae, 3 Scoop	1190	650	74	36.4	1.5	280	490	123	2	104	19	54	●	●						●											
Turtle Sundae, 1 Scoop	640	375	42	15.4	0.5	118	285	60	2	46	8	24	●	●						●											
Turtle Sundae, 2 Scoop	1040	550	62	28.7	1	225	460	112	2	88	15	44	●	●						●											
Turtle Sundae, 3 Scoop	1190	630	72	33.7	1.5	285	500	128	2	101	18	53	●	●						●											
2,000 calories a day is used for general nutrition advice, but calorie needs vary.																															
												●	Contains allergen (includes condiments)									●	Possible cross-contact in fryer								

Item Name	Nutritional Profile (per serving)										Allergen & Dietary Information											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Total Crap (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Calcium (%DV)	Milk	Egg	Fish	Wheat/Gluten	Peanut	Shellfish	Soy	Tree Nut	
CONES & DISHES																						
Chocolate Cake Cone, 1 Scoop	300	130	14	9	0.5	10	95	130	40	1	29	6	18	●	●	●				●		
Chocolate Cake Cone, 2 Scoop	560	250	28	17	1	10	185	230	73	2	57	11	35	●	●		●			●		
Chocolate Cake Cone, 3 Scoop	700	310	35	21	1	10	235	290	90	3	71	14	44	●	●		●			●		
Chocolate, Dish, 1 Scoop	280	130	14	9	0.5	10	95	120	35	1	29	6	18	●	●							
Chocolate, Dish, 2 Scoop	540	250	28	17	1	10	185	220	68	2	57	11	35	●	●							
Chocolate, Dish, 3 Scoop	680	310	35	21	1	10	235	280	85	3	71	14	44	●	●							
Chocolate, Waffle Cone, 1 Scoop	390	135	14	9	0.5	10	95	175	60	2	37	8	20	●	●		●			●		
Chocolate, Waffle Cone, 2 Scoop	650	255	28	17	1	10	185	275	93	3	65	13	37	●	●		●			●		
Chocolate, Waffle Cone, 3 Scoop	790	315	36	21	1	10	235	335	110	4	79	16	46	●	●		●			●		
Vanilla Cake Cone, 1 Scoop	330	170	18	11	0.5	10	115	90	36	0	27	5	18	●	●		●			●		
Vanilla Cake Cone, 2 Scoop	610	320	35	22	1	10	220	170	64	0	52	10	34	●	●		●			●		
Vanilla Cake Cone, 3 Scoop	760	400	45	27	1.5	10	280	210	80	0	65	13	43	●	●		●			●		
Vanilla, Dish, 1 Scoop	310	170	18	11	0.5	10	115	80	31	0	27	5	18	●	●							
Vanilla, Dish, 2 Scoop	590	320	35	22	1	10	220	160	59	0	52	10	34	●	●							
Vanilla, Dish, 3 Scoop	740	400	45	27	0	10	280	200	75	0	65	13	43	●	●							
Vanilla, Waffle Cone, 1 Scoop	420	175	18	11	0.5	10	115	135	56	1	35	7	20	●	●		●			●		
Vanilla, Waffle Cone, 2 Scoop	700	325	36	22	1	10	220	215	84	1	60	12	36	●	●		●			●		
Vanilla, Waffle Cone, 3 Scoop	850	405	46	27	1.5	10	280	255	100	1	73	15	45	●	●		●			●		
HANDCRAFTED BEVERAGES																						
Chocolate Malt, Short	650	292	32	20	1	10	200	208	80	0	64	10	32	●	●		●					
Chocolate Malt, Regular	850	23	23	23	1	10	240	290	114	0	88	12	38	●	●		●					
Chocolate Malt, Tall	1125	450	49	28.4	1.6	10	304	388	156	0	119	17	49	●	●		●					
Chocolate Shake, Short	630	290	32	20	1	10	200	195	76	0	61	10	32	●	●							
Chocolate Shake, Regular	820	350	38	23	1	10	240	270	108	0	83	12	38	●	●							
Chocolate Shake, Tall	1080	446	49	28.4	1.6	10	304	358	147	0	112	16	49	●	●							
Culver's® Root Beer Float, Short	400	150	17	10	0	10	105	135	61	0	58	5	16	●	●							
Culver's® Root Beer Float, Regular	440	150	17	10	0	10	105	160	72	0	68	5	16	●	●							
Culver's® Root Beer Float, Tall	530	169	18	11.3	0.7	10	113	195	91	0	85	6	21	●	●							
Strawberry Malt, Short	600	292	32	20	1	10	200	160	68	0	62	10	32	●	●		●					
Strawberry Malt, Regular	760	353	38	23	1	10	240	200	92	0	84	12	38	●	●							
Strawberry Malt, Tall	1040	457	50	28.5	1.6	10	306	284	132	0	121	18	49	●	●		●					
Strawberry Shake, Short	590	290	32	20	1	10	200	150	66	0	60	10	32	●	●							
Strawberry Shake, Regular	730	350	38	23	1	10	240	180	86	0	79	12	38	●	●							
Strawberry Shake, Tall	950	448	49	28.5	1.6	10	306	224	114	0	106	16	49	●	●							
Vanilla Malt, Short	600	312	35	20	1	10	210	173	62	0	54	11	35	●	●		●					
Vanilla Malt, Regular	760	403	44	26	0	10	270	240	79	0	71	14	44	●	●							
Vanilla Malt, Tall	1070	548	60	34.3	2	10	368	330	116	0	103	21	59	●	●		●					
Vanilla Shake, Short	580	310	35	20	1	10	210	160	58	0	51	11	35	●	●							
Vanilla Shake, Regular	730	400	44	26	0	10	270	220	73	0	66	14	44	●	●							
Vanilla Shake, Tall	980	539	59	34.3	2	10	368	270	98	0	88	20	59	●	●							
LEMON ICE (WITHOUT FRUIT FLAVOR)																						
Lemon Ice, 1 Scoop	200	0	0	0	0	10	0	0	49	0	42	0	0									
Lemon Ice, 2 Scoop	270	5	0	0	0	10	0	0	67	0	58	0	0									
Lemon Ice, 3 Scoop	360	0	0	0	0	10	0	0	88	0	78	0	0									
Lemon Ice Cooler, Short	240	5	0	0	0	10	0	0	59	0	51	0	0									
Lemon Ice Cooler, Regular	350	5	0	0.5	0	10	0	0	87	0	75	0	0									
Lemon Ice Cooler, Tall	460	0	0	0	0	10	0	0	112	0	100	0	0									
Lemon Ice Smoothie, Short	390	120	13	8	0	10	80	60	64	0	55	4	13	●	●							
Lemon Ice Smoothie, Regular	480	125	14	8	0	10	80	60	85	0	74	4	13	●	●							
Lemon Ice Smoothie, Tall	580	120	13	8	0	10	80	60	110	0	97	4	13	●	●							
CONCRETE MIXERS®																						
Chocolate Concrete Mixer Mini, Made with Cookie Dough	460	198	22	12.2	0.6	10	134	194	60	2	45	8	26	●	●		●			●		
Chocolate Concrete Mixer Short, Made with Cookie Dough	710	310	34	19.7	1	10	222	301	92	3	71	13	44	●	●		●			●		
Chocolate Concrete Mixer Regular, Made with Cookie Dough	940	405	45	25	1.2	10	275	398	124	4	92	16	52	●	●		●			●		
Chocolate Concrete Mixer Tall, Made with Cookie Dough	1360	585	65	36	1.7	10	395	575	179	5	132	23	75	●	●		●			●		
Chocolate Concrete Mixer Mini, Made with M&Ms®	480	210	23	14.5	0.5	10	120	160	63	2	54	8	25	●	●			●		●		
Chocolate Concrete Mixer Short, Made with M&Ms®	730	320	36	21.5	1	10	205	260	94	4	80	14	41	●	●			●		●		
Chocolate Concrete Mixer Regular, Made with M&Ms®	980	420	47	29	1	10	240	330	128	5	110	18	51	●	●			●		●		
Chocolate Concrete Mixer Tall, Made with M&Ms®	1450	620	69	42.5	1.8	10	350	480	188	8	161	26	74	●	●			●		●		
Chocolate Concrete Mixer Mini, Made with Oreo®	430	195	21	12	0.5	10	120	220	57	2	44	8	22	●	●		●			●		
Chocolate Concrete Mixer Short, Made with Oreo®	680	305	34	19	1	10	205	320	88	3	70	13	38	●	●		●			●		
Chocolate Concrete Mixer Regular, Made with Oreo®	880	390	44	24	1	10	240	450	116	3	90	17	45	●	●			●		●		
Chocolate Concrete Mixer Tall, Made with Oreo®	1300	575	64	35	1.8	10	350	660	170	4	131	24	65	●	●			●		●		
Chocolate Concrete Mixer Mini, Made with Reese's®	480	240	25	14	0.5	10	120	240	59	2	50	10	24	●	●			●		●		
Chocolate Concrete Mixer Short, Made with Reese's®	730	350	38	21	1	10	205	340	90	4	76	15	40	●	●			●		●		
Chocolate Concrete Mixer Regular, Made with Reese's®	980	480	52	28	1	10	240	490	120	5	102	21	49	●	●			●		●		
Chocolate Concrete Mixer Tall, Made with Reese's®	1450	710	76	41	1.8	10	350	720	176	8	149	30	71	●	●			●		●		
Chocolate Concrete Mixer Mini, Made with Snickers®	470	215	23	13.5	0.5	10	120	205	60	2	50	9	25	●	●			●		●	●	
Chocolate Concrete Mixer Short, Made with Snickers®	720	325	36	20.5	1	10	205	305	91	4	76	14	41	●	●			●		●	●	
2,000 calories a day is used for general nutrition advice, but calorie needs vary.																						
												● Contains allergen (includes condiments) ● Possible cross-contact in fryer										

CONCRETE MIXERS* (CONTINUED)	CALORIES					FAT					SUGAR					ALLERGENS				
	PER SERVING	PER SERVING	PER SERVING	PER SERVING	PER SERVING	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	CALCIUM (%DV)	MILK	EGG	FISH	WHEAT/GLUTEN	PEANUT	SHELLFISH	SOY	TREE NUT
Chocolate Concrete Mixer Regular, Made with Snickers®	960	430	48	27	1															
Chocolate Concrete Mixer Tall, Made with Snickers®	1420	635	70	39.5	1.8															
Vanilla Concrete Mixer Mini, Made with Cookie Dough	490	245	27	16	0.5															
Vanilla Concrete Mixer Short, Made with Cookie Dough	770	395	44	36	1.5															
Vanilla Concrete Mixer Regular, Made with Cookie Dough	1010	500	56	32	1.5															
Vanilla Concrete Mixer Tall, Made with Cookie Dough	1480	735	82	47	2.3															
Vanilla Concrete Mixer Mini, Made with M&Ms®	510	250	28	17.5	0.5															
Vanilla Concrete Mixer Short, Made with M&Ms®	790	400	45	37.5	1.5															
Vanilla Concrete Mixer Regular, Made with M&Ms®	1050	510	57	35	1.5															
Vanilla Concrete Mixer Tall, Made with M&Ms®	1540	750	84	51.5	2.3															
Vanilla Concrete Mixer Mini, Made with Oreo®	460	235	26	15	0.5															
Vanilla Concrete Mixer Short, Made with Oreo®	740	385	43	35	1.5															
Vanilla Concrete Mixer Regular, Made with Oreo®	950	480	54	30	1.5															
Vanilla Concrete Mixer Tall, Made with Oreo®	1390	705	79	44	2.3															
Vanilla Concrete Mixer Mini, Made with Reese's®	510	280	30	17	0.5															
Vanilla Concrete Mixer Short, Made with Reese's®	790	430	47	37	1.5															
Vanilla Concrete Mixer Regular, Made with Reese's®	1050	570	62	34	1.5															
Vanilla Concrete Mixer Tall, Made with Reese's®	1540	840	91	50	2.3															
Vanilla Concrete Mixer Mini, Made with Snickers®	500	255	28	16.5	0.5															
Vanilla Concrete Mixer Short, Made with Snickers®	780	405	45	36.5	1.5															
Vanilla Concrete Mixer Regular, Made with Snickers®	1030	520	58	33	1.5															
Vanilla Concrete Mixer Tall, Made with Snickers®	1510	765	85	48.5	2.3															
TOPPINGS (1 OUNCE PORTION)																				
Almond	170	135	15	1	0															
Andes® Creme De Menthe Thins	150	80	9	8.5	0															
Banana	50	0	0	0	0															
Blackberry	40	0	0	0	0															
Blueberry	30	0	0	0	0															
Brownie Pieces	110	45	5	1	0															
Butterfinger®	130	45	5	2.5	0															
Butterscotch	110	7	1	0.5	0															
Cashews	160	120	13	2.5	0.2															
Cheesecake Pieces	110	50	6	3	0															
Chocolate Chip Cookie Dough	120	45	5	2	0															
Chopped Hershey's® Milk Chocolate Bars	110	55	7	4	0															
Creme® De Menthe	100	0	0	0	0															
Chocolate Syrup	90	0	0	0	0															
Hot Caramel	120	15	2	1	0															
Hot Fudge	120	35	4	3.7	0															
Heath® Toffee Chunks	150	80	9	5	0															
Kit Kat®	120	53	6	4	0															
M&M® Minis	140	50	6	3.5	0															
Mango Fruit Infusion	60	0	0	0	0															
Maraschino Cherry	10	0	0	0	0															
Marshmallow Creme	100	0	0	0	0															
Nestle® Crunch	140	60	7	4	0															
Novelty Coating	180	125	14	7	0															
Oreo® Cookie Crumbs	90	35	4	1	0															
Peach	35	0	0	0	0															
Peanut Butter	200	160	18	2.5	0															
Peanuts, Dry Roast Seasoned	160	130	15	2	0															
Pecan Halves	200	180	21	2	0															
Raspberry	40	0	0	0	0															
Reese's Pieces® Minis	130	50	6	5	0															
Reese's® Peanut Butter Cups	140	80	8	3	0															
Salted Caramel	120	15	2	1	0															
Snickers® Candy Bar Pieces	130	55	6	2.5	0															
Sprinkles, Blue and White	100	20	2	1.5	0															
Strawberry, Sliced	45	0	0	0	0															
Twix®	140	60	6	3.8	0															
Whipped Topping, Extra Creamy	20	10	2	0.5	0															
Wild Cherry	80	0	0	0	0															

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

● Contains allergen (includes condiments)

● Possible cross-contact in fryer

DRINKS

CALORIE DECLARATIONS FOR EACH SIZE REFER TO THE TOTAL CUP CAPACITY, WITHOUT ADDED ICE. THE ACTUAL FILL AND CALORIE CONTENT MAY BE LESS DEPENDING ON THE AMOUNT OF ICE ADDED.

	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)		CHOLESTEROL (MG)	SODIUM (MG)	CARBOHYDRATE (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	CALCIUM (%DV)	MILK	EGG	FISH	WHEAT/GLUTEN	PEANUT	SHELLFISH	SOY	TREE NUT	
Bottled Water	0	0	0	0	0		0	0	0	0	0	0	0									
Chocolate Milk, %1 Low Fat	160	2.5	2	1.5	0		15	220	27	0	26	8	30	●								
Coffee, 8 fl. oz.	0	0	0	0	0		0	0	0	0	0	0										
Culver's® Diet Root Beer, Small	0	0	0	0	0		0	110	0	0	0	0										
Culver's® Diet Root Beer, Medium	0	0	0	0	0		0	150	0	0	0	0										
Culver's® Diet Root Beer, Large	0	0	0	0	0		0	220	0	0	0	0										
Culver's® Root Beer, Small	220	0	0	0	0		0	110	59	0	58	0										
Culver's® Root Beer, Medium	300	0	0	0	0		0	150	81	0	79	0										
Culver's® Root Beer, Large	430	0	0	0	0		0	220	118	0	116	0										
Diet Dr Pepper®, Small	0	0	0	0	0		0	95	0	0	0	0										
Diet Dr Pepper®, Medium	0	0	0	0	0		0	130	0	0	0	0										
Diet Dr Pepper®, Large	0	0	0	0	0		0	190	0	0	0	0										
Diet Mountain Dew®, Small	5	0	0	0	0		0	75	1	0	1	0										
Diet Mountain Dew®, Medium	10	0	0	0	0		0	100	1	0	1	0										
Diet Mountain Dew®, Large	15	0	0	0	0		0	150	1	0	1	0										
Diet Pepsi®, Small	0	0	0	0	0		0	75	0	0	0	0										
Diet Pepsi®, Medium	0	0	0	0	0		0	105	0	0	0	0										
Diet Pepsi®, Large	0	0	0	0	0		0	150	0	0	0	0										
Dr Pepper®, Small	190	0	0	0	0		0	60	52	0	51	0										
Dr Pepper®, Medium	260	0	0	0	0		0	80	72	0	70	0										
Dr Pepper®, Large	380	0	0	0	0		0	115	104	0	102	0										
Fresh Brewed Sweet Tea, Small	130	0	0	0	0		0	0	33	0	33	0										
Fresh Brewed Sweet Tea, Medium	180	0	0	0	0		0	0	46	0	46	0										
Fresh Brewed Sweet Tea, Large	260	0	0	0	0		0	0	67	0	67	0										
Fresh Brewed Tea, Small	0	0	0	0	0		0	0	0	0	0	0										
Fresh Brewed Tea, Medium	0	0	0	0	0		0	0	0	0	0	0										
Fresh Brewed Tea, Large	0	0	0	0	0		0	0	0	0	0	0										
Milk, 1%	110	20	2	1.5	0		10	130	13	0	12	8	30	●								
Mott's Apple Juice	100	0	0	0	0		0	10	24	0	23	0										
Sierra Mist®, Small	200	0	0	0	0		0	45	54	0	54	0										
Sierra Mist®, Medium	280	0	0	0	0		0	60	74	0	74	0										
Sierra Mist®, Large	410	0	0	0	0		0	90	108	0	108	0										
Mountain Dew®, Small	220	0	0	0	0		0	70	59	0	58	0										
Mountain Dew®, Medium	300	0	0	0	0		0	95	80	0	80	0										
Mountain Dew®, Large	430	0	0	0	0		0	140	117	0	117	0										
Pepsi®, Small	200	0	0	0	0		0	45	55	0	55	0										
Pepsi®, Medium	280	0	0	0	0		0	60	76	0	76	0										
Pepsi®, Large	410	0	0	0	0		0	85	110	0	110	0										
Tea, Hot	0	0	0	0	0		0	0	0	0	0	0										
Tropicana® Fruit Punch, Small	230	0	0	0	0		0	45	60	0	60	0										
Tropicana® Fruit Punch, Medium	310	0	0	0	0		0	65	83	0	82	0										
Tropicana® Fruit Punch, Large	450	0	0	0	0		0	95	120	0	120	0										
Tropicana® Light Lemonade, Small	10	0	0	0	0		0	190	0	0	0	0										
Tropicana® Light Lemonade, Medium	10	0	0	0	0		0	260	0	0	0	0										
Tropicana® Light Lemonade, Large	15	0	0	0	0		0	380	1	0	0	0										
Wild Cherry Pepsi®, Small	210	0	0	0	0		0	40	56	0	56	0										
Wild Cherry Pepsi®, Medium	280	0	0	0	0		0	55	77	0	77	0										
Wild Cherry Pepsi®, Large	410	0	0	0	0		0	85	112	0	112	0										

Mindful Choices Around Gluten

The menu items listed below do not contain sources of gluten based on ingredient information from our suppliers and their voluntary stated absence of gluten. Because Culver's® restaurants are not gluten-free environments, we are unable to guarantee any menu items, including those listed below, are completely free of gluten. Cross-contact may occur during preparation and cooking procedures. Please inform the manager or cashier if you have a gluten sensitivity or intolerance when ordering.

★ This item is cooked on a grill that may come into contact with other items that contain gluten.



Meats (no bun)

Bacon*
Beef Pot Roast
ButterBurger® Patty*
Corned Beef*
Grilled Chicken*

Salads (no croutons)

Chicken Cashew
with Grilled Chicken*
Cranberry Bacon* Bleu
with Grilled Chicken*
Garden Fresco with
Grilled Chicken*
Garden Fresco
Side Salad

Salad Dressings

Bleu Cheese
French
Honey Mustard
Ranch
Raspberry Vinaigrette

Soups (no crackers)

George's Chili®
Broccoli Cheese

Bun

Gluten Free Bun

Sides

Applesauce
Coleslaw
Green Beans
Mashed Potatoes (no gravy)

Condiments

American Cheese
Bleu Cheese
Cheddar Cheese
Dill Pickles
Honey Mustard
Horseradish Sauce
Ketchup
Lettuce
Mayonnaise
Mushrooms
Mustard
Mustard, Spicy Brown
Red Onion
Swiss Cheese
Tomato

Beverages

All milk and beverage
options do not contain gluten.

Custard (no cone)

Chocolate Custard
Culver's® Root Beer Float
Vanilla Custard
Vanilla Shake

Sundaes

Banana Split
Caramel Cashew
Fudge Pecan
Turtle

Lemon Ice

Lemon Ice (plain or
with toppings listed in
this document)

Toppings & Mix-Ins

Nuts

Almonds
Cashews
Peanuts
Pecans

Fruits

Banana
Blackberry
Blueberry
Cherry
Mango
Peach
Raspberry
Strawberries

Toppings & Mix-Ins (continued)

Traditionals

Butterscotch
Crème® De Menthe
Chocolate Syrup
Hot Caramel
Hot Fudge
Marshmallow Topping
Novelty Chocolate
Reese's® Peanut Butter
Salted Caramel
Whipped Cream

Candies

Andes Crème de Menthe®
Butterfinger®
Heath® Toffee Crunch
M&M®
Reese's® Peanut Butter Cups
Reese's® Pieces Minis
Snickers®



*As part of our commitment to our guests, our allergen guides are based on product information provided by Culver's® approved suppliers. Every effort is made to keep this information current; however, it is possible that ingredient changes and substitutions may occur. We recommend that our guests with allergies and sensitivities consult their medical professional and speak to a Culver's® restaurant manager before placing an order to ensure the posted information is accurate and represents the menu items sold at that specific restaurant. Test products, limited time offerings and optional menu items have not been included in this brochure. Culver's® restaurants are busy and cross-contact may occur between ingredients and between different menu items, including allergens. Culver Franchising System, LLC., its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food provided in the restaurants.

Culver's nutritional information is based on representative values from manufacturers, USDA, and other established databases and lab testing. Recipes are from Culver Franchising System, LLC. Some menu items may not be available at all restaurants. In addition, test products, test formulations or regional items have not been included in this brochure. While nutritional information in this brochure is based on standard product formulations, variation may occur due to differences in suppliers, ingredient substitutions, changes in recipe, product assembly at the restaurant level, the region of the country and the season of the year. Serving sizes may vary from the quantity upon which the analysis was conducted. Serving size designation for beverages refer to total cup capacity. The actual fill may be slightly less. The nutritional information in this brochure presumes that the operator of the restaurant, most of which are franchised, is complying with preparation, ingredient, supply and proportioning requirements. None of Culver's menu items are certified as vegetarian; all menu items may contain trace amounts of ingredients derived from animals. If you would like further information on our menu items, or have food allergies, sensitivities or special dietary needs, please go to www.culvers.com. The listings at www.culvers.com are periodically updated in an effort to reflect the current status of our menu items and may vary from printed materials.

If you have questions or need additional information please reach out at www.culvers.com/contact-us

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